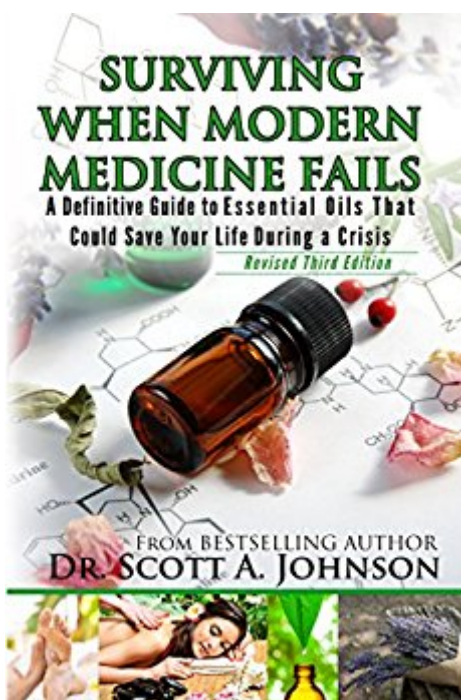


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3rd Edition - Surviving When Modern Medicine Fails: A Definitive Guide To Essential Oils That Could Save Your Life During A Crisis



Synopsis

AN BESTSELLER IN 2 CATEGORIESâ "AROMATHERAPY & DISASTER RELIEF! Survive and thrive when modern medicine fails with this go-to quick reference! Would you be able to survive if you were cut off from vital medical treatment and prescription medications during a crisis? Hundreds of thousands of people have been forced to do exactly this during the last decade, struggling to outlive calamities while isolated from medical care. In this invaluable and practical resource, Dr. Scott A. Johnson prepares you with crucial information that could potentially save your life when modern medicine collapses after a disaster. With a supply of about 42 essential oils in your emergency preparedness kit, Dr. Johnson provides a definitive, specific, and easy to follow guide arming you with indispensable information to manage more than 460 health conditions. Whether new to essential oils or a long time user, this book will become your go to quick reference for essential oils. Discover how to use essential oils safely and effectively (including known cautions and drug interactions), answer the most common questions about essential oils, and be prepared to take care of your health during a crisis. WHATâ™S NEW IN THE THIRD EDITION? -More than 100 new health protocols -Answers to more common questions about essential oils (like do essential oils destroy probiotics) -Recommended essential oils during pregnancy by trimester -Dosage and usage guidelines specific to pregnancy and lactation

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Customer Reviews

What I am about to offer you is an in depth review on the book Surviving When Modern Medicine Fails. I am doing this because I spent hours of research trying to find a book that would satisfy my needs for a library NOT ONLINE for those times of power failure, or God forbid disaster when internet is NOT there for you to consult. If you are not interested in in depth reviews, then my sections will be clearly labeled with different specifics so you can find what you want, or skip to the end for THE BOTTOM LINE WHAT IS THIS BOOK LIKE? This book is 6 inches by 9 inches and about 5/8 of an inch thick. That means it is easy to keep alongside your essential oil stash or take with you should you desire to do so. It is not a coffee table book. This is not, however, a picture book. This is a basic black and white book with a few diagrams or BASIC illustrations. This book is broken into sections. There are a LOT of warnings, cautions, or explanations of situations that you need to know about using essential oils with. That includes such topics as pregnancy, epilepsy, hypoglycemia, children, ages of people for use internally or just topically, and many more. Topics such as building tolerance, implants, cancer, use around eyes, and other cautions are covered- quite a bit, but not too much. DRUG INTERACTIONS AND CAUTIONS This section is well laid out. Each essential oil is listed independently in chart form and it outlines any cautions you might want to know about each oil individually. This allows for quick consultation with the information when you are looking into use of a blend that you want to make just to be sure you are not going to cause problems with yourself or family members. APPLICATIONS AND CARRIER OILS This section outlines not only what you can do with the oils, but the best way to apply them. Benefits of different carrier oils are outlined as well as dilutions. There is a chart that outlines different basic oils and how best to administer them and what situations to avoid using them. SPECIFIC HEALTH CONDITIONS To be honest with you, this is the section I really wanted the book for. I am very glad to have the previous sections as they are wonderful for reference. However, this section is the most helpful when you need help quickly. Each health condition is listed with basic blends that you can make to ease the condition. HOW USEFUL HAS THIS BOOK BEEN FOR ME? I have to say that this book has come in VERY handy for what I have needed it for. I have had to deal with a wide variety of uses in our family. Pink eye, Flu (severe), Fibromyalgia, indigestion, and migraine. I have used

the recommended blend (adding a few extras that I knew would help) and have had really good results with them. I have also had the chance to help my parents which was very successful using the pain blend for back pain. WHAT I WISH THIS BOOK INCLUDED Because this is about surviving and disasters, I would like to see a bit more information added about using essential oils for pets- what is safe, what is not, etc. Because in times of hard living, that would be VERY helpful. THE BOTTOM LINE If you would like to have basic information about health issues, know about cautions and situations to avoid using essential oils (or which ones NOT to use for pregnancy, if you are epileptic, etc) and other basic information about using essential oils in survival level situations, this book is an excellent reference. I have personally tried quite a few blends in this book now and found them to work very well not only for me, but other members of my family who were not believers in essential oils. This book is simple and black and white, so if you are looking for pictures and lots of colors, this book is not going to fill that desire. However for basic information to help your family through some hard situations, this book is great. If it had information about animals (and if essential oils could be at all used for them) it would be about perfect! I give this five stars and will update as I have even more experience with it in the future.

Informative reading for essential oils fans. Not sure what Dr. Johnson's credentials are, but he doesn't promote any oils company in particular which allows the general public to put their toe in the water (so to speak).

This book is a great resource, somewhat technical, lacking in helpful info graphics. I got the e-book which is a bit more clumsy when trying to look things up quickly.

I love this book! I have my own and bought one as a gift. It's easy to understand for those that are new to essential oils. There is EVERYTHING in this book. Will be purchasing this again for gifts.

I had the previous edition of this book. I bought this one for the updated information. There are a lot of added conditions and information in this book than in the other one. I gave the other one to a friend. It's still a very good book, but this one has more information. I have used several of the protocols in this book for making my own medicine.

Every recipe you would need for any condition. Love this book and have referred to it on many occasions to mix oils for friends. Will be priceless when the power is out and you need the recipe for

a remedy. I have other Essential Oils books but only grab for this one now.

This Book is a MUST HAVE for essential oil users. Dr. Scott is awesome and knows what he is talking about, not just another oiler giving their opinion, he has studies that back it up and first hand experience with patients.

This has become a trusted source for hard to find information on how to use essential oils for specific conditions. It is concise in an easy to find alphabetical format. A must have for oilers! Thank you Dr. Scott Johnson!

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